

# COUGARS

VOLUME 2 · ISSUE 3  
OFFICIAL 2016  
GAME PROGRAM

**Celebrating  
Moms!**



# TERRI WALKER TEAM



## BRINGING LAMORINDA HOME

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The Terri Walker Team wishes all Campo Football players and their families a fantastic season!  
#cougsdontlose



**Terri Walker**  
License# 01330081



**Jeannie Fafoutis**  
License# 01986641



**Colleen Hendrickson**  
License# 01995543



510.282.4420 | [TerriWalkerTeam.com](http://TerriWalkerTeam.com)

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Photo Credits: Karen Drinkwater, Ray Berzins, Gina Smith & Chris Whiting

A

# T H E P O W E R <sup>o f</sup> M O M S

refrain of mine for many a year is that “the moms are the backbone of our program.” I joke with the coaches that we are all expendable, but the moms are essential. But really, this is no joke. All coaching minutes are accounted for and have a set limit, but the reservoir of Mom energy and passion is limitless. One of my proudest accomplishments as the head coach at Campo is the pipeline of Mom involvement that has enhanced the specialness that surrounds our program. It feeds a message to the boys that they are part of an important venture.

I have been blessed while at Campo to have a continuous flow of team moms to support the needs of a state-wide recognized program that benefits from how they push the envelope on escalating the significance of football in our community. When it comes to the number of kids interested in playing football or the number of men willing to coach in Moraga, I would say we are landlocked. But the recruitment of moms willing to give is a wide-open frontier.

The number one mom in charge of operations is the number one recruiter. The traditional title of “Team Mom” has gone through alterations over the years, such as “Team Parent,” “Team Manager,” “Operations Manager,” “Program Logistics Manager,” “Program Advisor” and so on. I fully recognize the breadth and depth of the duties of this vital role to the program. Current Team Mom, Shanette Westphal, is managing so many ventures, that I claim she is functioning as the CEO of the pro-

gram. I don’t want to sound chauvinistic, but I still prefer the title of “Team Mom.” The word “mom” invokes warmth, charm, glamour, and the moms bring all that to a sport that needs that quality of specialness. The title “Mom” also carries an image of toughness. No one could ever fight harder for their kids than a mom. You can wrap up all the toughness on a field on a Friday night in the grueling world of football, but that won’t hold a candle to the toughness of a mom raising her kids, managing the household, balancing a career and supporting her family. The word “mom” invokes power and warmth in the same breath. Shanette manages an army of moms that take on major tasks. There are no minor duties or trivial tasks available. Just look at the Thursday night dinners. An old military adage is that “a general cannot advance his troops if they are not fed.”

We live in a community that has limited resources in terms of manpower required to sustain the durability and physical demands required in this sport. We are not situated in a neighborhood that lends itself to an aggressive nature. I refer to keeping football alive in Moraga as a square peg in a round hole. The moms in our program have a direct impact on how our kids perform on a Friday night. I would feel confident saying that the high school football world would have to acknowledge our kids bring a stature of toughness to the game that belies their physical makeup. I claim our strength comes from how hard our kids are willing to fight for each other. This is a by-product of what the moms do to inject neighborhood and community into our program. The kids see Friday nights as a greater calling than just playing a football game. A person won’t fight unless they feel there is importance to what they are doing. The moms dress up our world and communicate that message to the boys without verbalizing it.

I welcome the moms to be part of the football world. The moms’ work is visible to everything that is special to the boys. The moms act as silent partners, always there but protecting the sanctity of the boys’ world. They understand how essential this process is to the maturing of a young man, learning qualities of commitment, hard work and leadership. The moms are there to support through the tough times that always accompany a sport “designed not to work.” Injury, frustration, pain (physical and emotional) will always find every kid playing this sport. And the mom will always be there to support. What has always impressed me the most about our

moms is how they know how to support and let their boys fight their own battles. They know that crippling them with comfort will not allow their boys to grow. It takes a lot of a mom to give up her boy to this sport, with all its scrutiny and demands. There is an emotional toll on all involved, but the growth of one’s character will win out.

There is no secret. Boys are not the best communicators. It is typical of the high school experience for a freshman to share all, but then pull back as a sophomore, circle the wagons as a junior, and then go into radio silence as a senior. I feel a mom should

be a part of this growth experience called football. We don’t want to relegate them to food service providers. We want their love, grace and talents to be on display even though their work is in the shadows. They take the same emotional risks as the boys. They need to be close to the boys during this adventure. Without strong moms, this sport would not exist, and all the heroic stories that shape young men and inspire

them for greatness would be stripped away from our American culture. The moms are not only the backbone of our program, they are the backbone of our sport. ■





## CAMPOLINDO FOOTBALL COACHING STAFF

### VARSITY COACHES

Kevin Macy	Varsity Head Coach
Chris Schofield	Varsity Offensive Coordinator
Matt Macy	Varsity Linebacker Coach
Bill Levey	Varsity Linemen Coach
Mike Downing	Varsity Defensive Backs Coach
Matt Keeperman	Varsity Defensive Coordinator
Ed McCauley	Varsity Linemen Coach
Mike Ahr	Varsity Kicking Coach
Ray Albiento	Head Athletic Trainer/Sports Medicine Instructor
Dr. Robbie Sproul	Team Physician/Orthopedic Surgeon

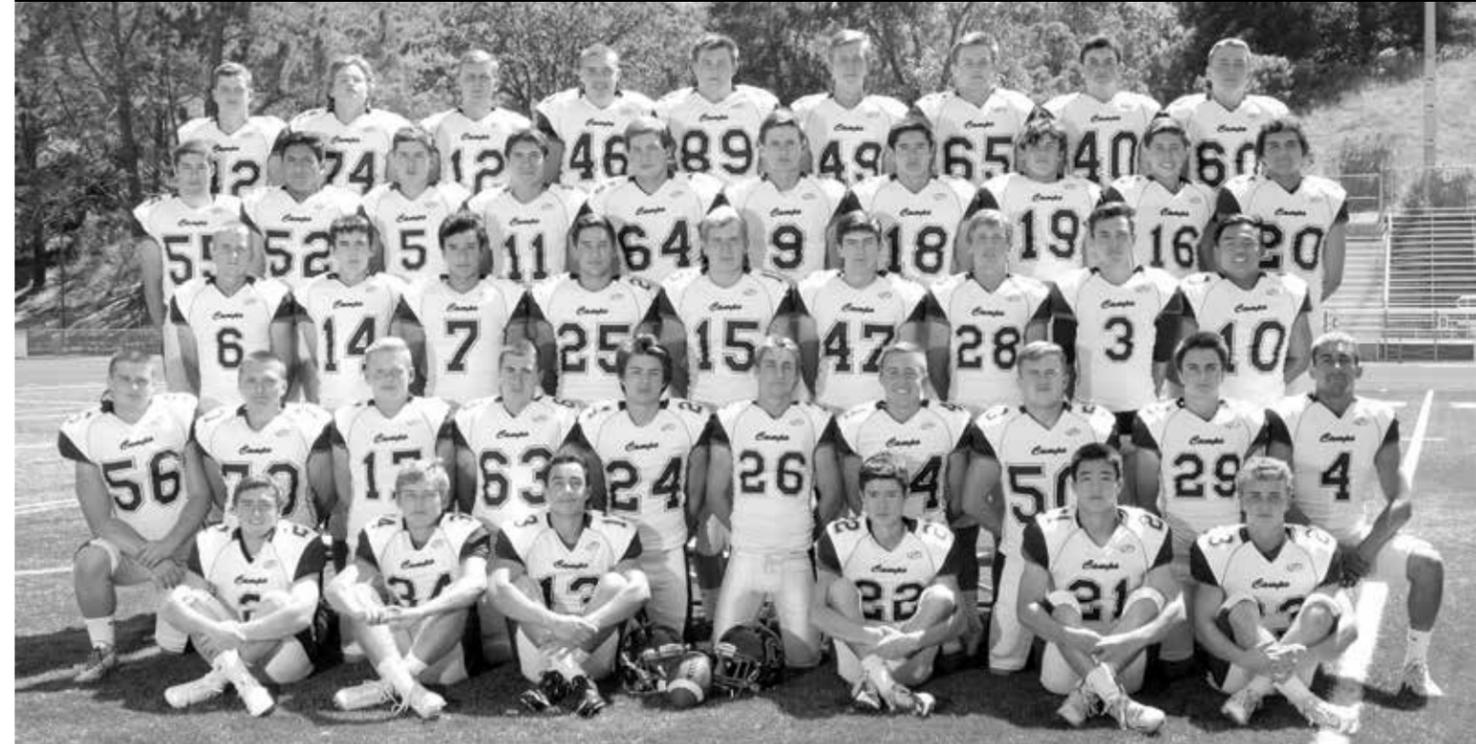
### JUNIOR VARSITY COACHES

Miles Macy	JV Head Coach
Mark DeWeese	JV Linebacker Coach

### FRESHMAN COACHES

Joe Petite	Freshman Head Coach
Darrell Breedlove	Freshman Linemen Coach
Gary Hein	Freshman Defensive Back Coach
Brian Walgenbach	Freshman Linebackers Coach

## VARSITY SCHEDULE & TEAM PHOTO



DATE	TIME	VERSUS	LOCATION	RESULT
AUGUST 26	7:00 PM	Valley Christian Warriors	Valley Christian High	L   7 - 21
SEPTEMBER 3	1:00 PM	Saint Ignatius Wildcats	Saint Ignatius High	W   35 - 14
SEPTEMBER 9	7:00 PM	Deer Valley Wolverines	Deer Valley High	W   27-7
SEPTEMBER 16	7:00 PM	Oakdale Mustangs	Campolindo High	L   28-21
SEPTEMBER 23	7:00 PM	Hayward Farmers	Campolindo High	W   33-9
SEPTEMBER 30		BYE		
OCTOBER 7	7:00 PM	Las Lomas Knights	Campolindo High	
OCTOBER 14	7:00 PM	Miramonte Matadors	Miramonte High	
OCTOBER 21	7:00 PM	Concord Minutemen	Campolindo High	
OCTOBER 28	7:00 PM	Acalanes Dons	Campolindo High	
NOVEMBER 4	7:00 PM	Clayton Valley Ugly Eagles	Clayton Valley High	

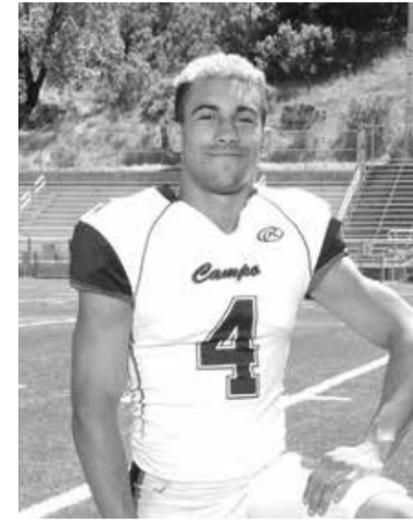
# VARSIITY ROSTER

#	NAME	HEIGHT	WEIGHT	YEAR	POSITION
1	Noah Loeliger	6-0	195	12	RB/LB
2	Brett Smith	5-7	165	12	RB/DB
4	Kannah Cruikshank	5-10	170	12	WR/DB
5	Parker Windatt	6-0	165	11	WR/DB
6	Ryan McNally	6-0	160	11	DB
7	Vincent Mossotti	6-0	180	11	WR/DB
9	John Torchio	6-2	185	11	QB/WR/D
10	Branden Bocobo	5-9	210	12	RB/LB
11	Lev Garcia	5-11	165	12	WR/DB
12	Jacob Westphal	6-2	190	12	QB
13	Noah Wood	5-8	155	12	DB
14	Grady Eglin	5-11	155	12	K
15	Justin Ehrenberger	6-0	190	11	TE/LB
16	Connor Peterson	6-0	155	11	DB
17	Jake Finegold	5-10	180	11	TE/LB
18	Ryan Doyle	6-1	170	12	DB
19	Jake Walgenbach	6-1	170	11	LB
20	Alex Baldwin	6-0	200	12	LB
21	Shun Ishida	5-8	160	11	RB/DB
23	Adam Shafer	5-7	150	12	DB
24	Aaron Moranville	5-10	180	11	RB/LB
25	Andrew Cirelli	6-0	180	12	LB
26	Michael Hooper	5-10	160	12	DB
28	Ryan Regan	6-0	155	11	QB/DB
29	Carter Whiting	5-10	150	11	DB
34	Matthew Ringquist	5-7	160	12	RB
40	Jacob Monkarsh	6-1	180	11	LB
42	Grant Larsen	6-0	195	11	LB
43	Seppi Ortman	6-0	165	11	K
45	Kyle Leuteneker	5-8	195	11	RB/LB
47	Paul Gannett	6-0	165	11	LB
49	Foster Jones	6-4	175	11	LB
50	Travis Brainerd	5-9	185	11	OL/DL
52	Tomas Vega	6-0	220	12	OL/DL
55	Alex Capurro	6-0	180	12	OL/DL
56	Chris Brahney	5-9	205	11	OL/DL
60	Parker Godsey	6-1	195	11	OL/DL
62	Jack McLean	5-11	190	11	OL/DL
63	Josh Christian	5-9	185	12	OL/DL
64	Jackson Rothman	6-2	230	12	OL/DL
65	Cole Berzins	6-2	200	11	OL/DL
70	John "Bobby" Poole	5-8	200	12	OL/DL
74	Logan MacDonald	6-2	215	12	OL/DL
78	Andras Szucs	NA	NA	12	DL
89	Raymond "Joey" Berzins	6-3	240	12	TE/LB
66/68	Christian Fick	NA	NA	12	DL

# VARSIITY PLAYERS



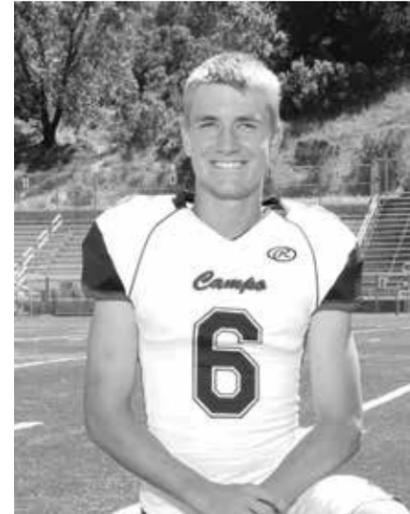
Brett Smith



Kannah Cruikshank



Parker Windatt



Ryan McNally



Vincent Mossotti



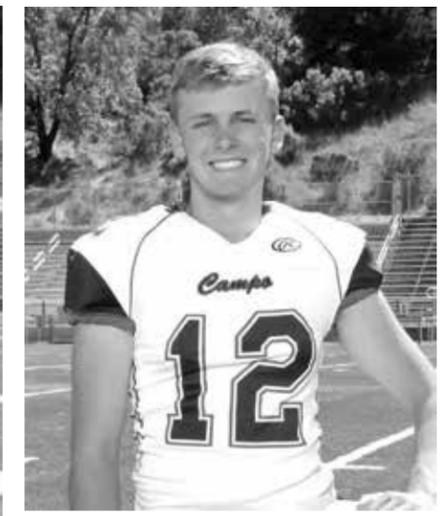
John Torchio



Branden Bocobo



Lev Garcia



Jacob Westphal

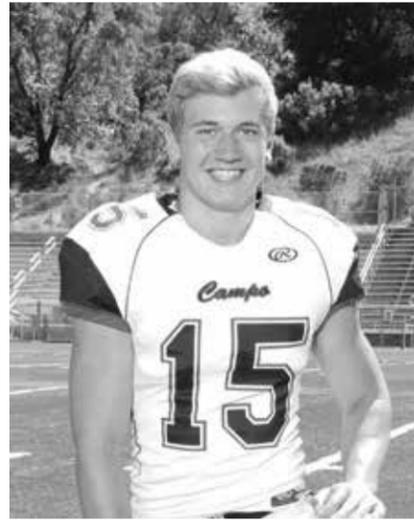
**VARSITY PLAYERS**



Noah Wood



Grady Eglin



Justin Ehrenberger



Adam Shafer



Aaron Moranville



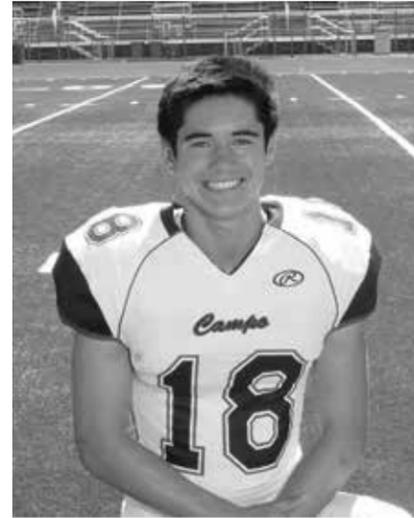
Drew Cirelli



Connor Peterson



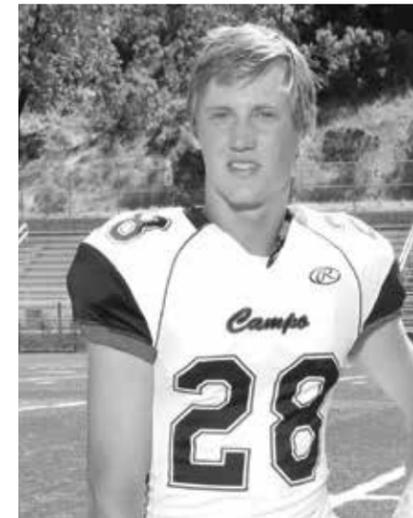
Jake Finegold



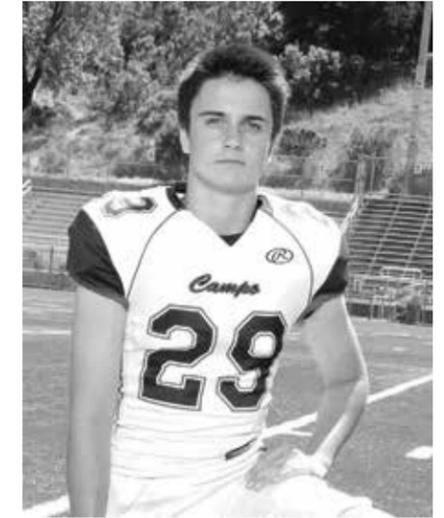
Ryan Doyle



Michael Hooper



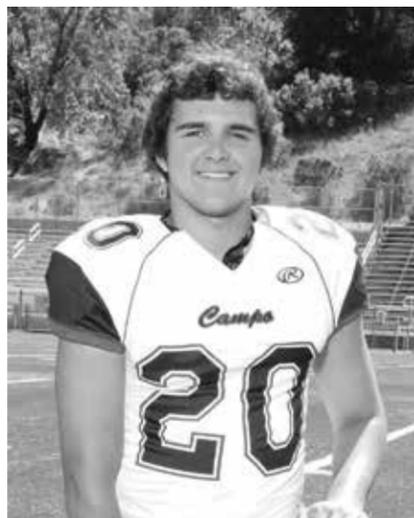
Ryan Regan



Carter Whiting



Jake Walgenbach



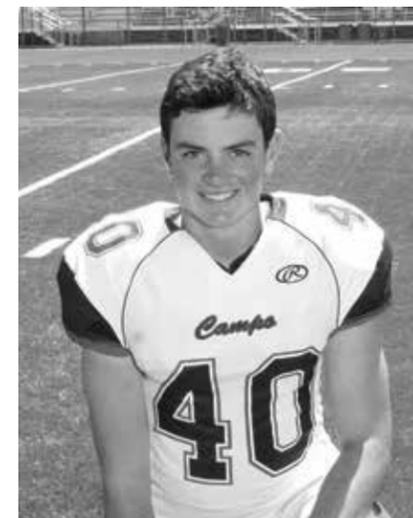
Alex Baldwin



Shun Ishida



Matty Ringquist



Jacob Monkarsch



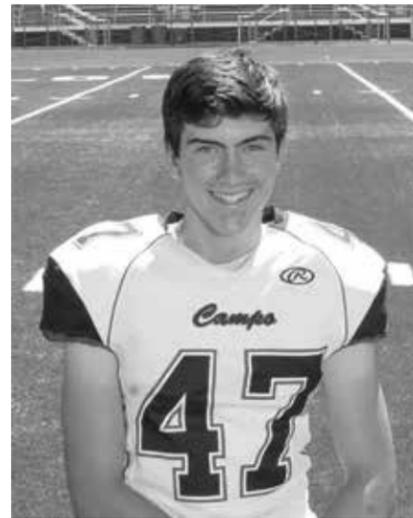
Grant Larsen

**VARSITY PLAYERS**

**VARSITY PLAYERS**



Seppi Ortman



Paul Gannett



Foster Jones



Jackson Rothman



Cole Berzins



Bobby Poole



Travis Brainerd



Tomie Vega



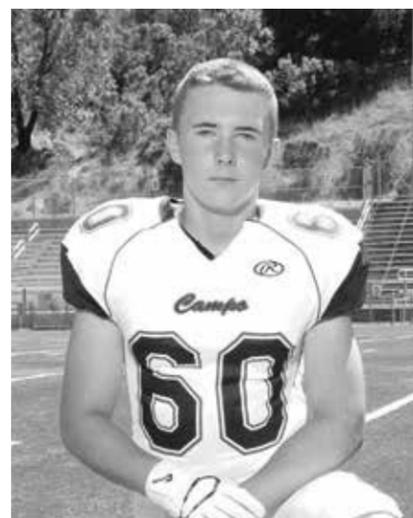
Alex Capurro



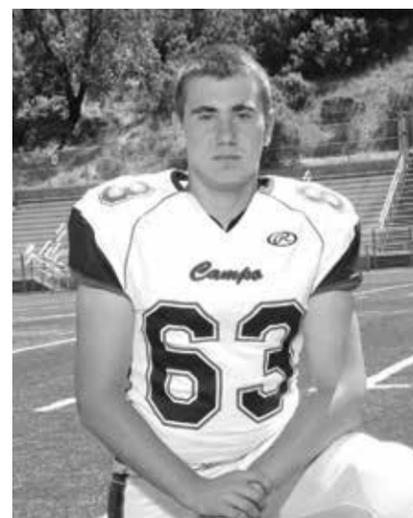
Logan MacDonald



Chris Brahney



Parker Godsey



Josh Christian



Joey Berzins

**VARSITY PLAYERS**



Not Pictured Seppi Ortman, Kyle Leuteneker, Jack McClean

**BEHIND EVERY GREAT FOOTBALL PLAYER IS A...**



Dear Campo Football Moms—

I wanted to take this opportunity to recognize you for all that you do for your football playing sons. It's not just the obvious never-ending cooking and laundry, but also enduring the emotional roller coaster of watching your players put themselves in a physical and mental battle each week. Some of you knew your boys were destined for this sport, others reluctantly let their boys join in, hoping that maybe after freshman year the appeal would wear off.

As football moms we share a solidarity—one that is a mix of pain and pride as we watch our sons take the field. Those whose sons don't play football cannot possibly relate to the internal conflict we feel—wondering if we are crazy for letting them out there, while enthusiastically willing them to make that tackle.

I have had the distinct pleasure of getting to know most of your boys over the last few years. I get to see them when they are sweet, polite, mischievous and sometimes vulnerable. And just when you think sometimes you might want to send them off to college early, please know that you have raised incredible young men who inspire me. Thank you for sharing them with the program—you should all be very proud!

 *Shanette*

Shanette Westphal

**Toni Petite**

**The Ultimate Sunshine Pumper**

The job of a college athlete is very difficult to say the least. Most people don't have any idea of the sacrifices made by STUDENT-athletes. Most college athletes work over 12 hours a day, summers included not just during their sport season. D1 football players go to school during the summers and work out with their teams. These athletes don't get home often, approximately 3 weeks a year. The day consists of early morning weight work outs, college classes practicing, watching film, doing homework, meeting with coaches, team meals, studying play books, and press inter-

views. Often athletes have philanthropic activities and fund raising duties for the program.

There are plenty of coaches coaching, critics criticizing and ultra fans that hate to lose. My athlete hates to lose too. There is plenty of stress that goes along with the job of athlete. Why would I pile on any more. I must admit I sometimes wear that old mother hat, that hat that is terribly out of style but still comfortable. I remind my son to get plenty of sleep, eat right and keep up with his studies. To be sure he has heard plenty of my reminders in his life time and there is no value added each time I utter these words. The beauty of my terrific son is that he always confirms he will do all of these things then adds an "I love you and thanks for all that you do"

My job as a football mom is very easy. I tell my son I love him, that I am very proud of everything he does and everything he has accomplished, period. I enjoy being at games to watch him. He doesn't need to hear negatives.

I try to be the Ultimate Sunshine Pumper.

I feel so lucky to be a football mom to such a wonderful son.

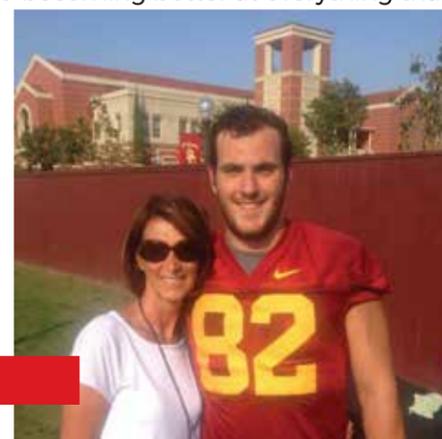
**Trish McNeil**

**What does it mean to be a football mom?**

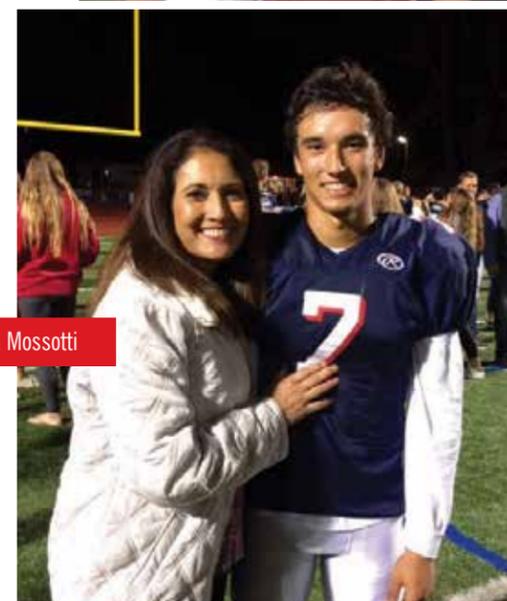
Being a football mom means that I have the honor of working with and watching high school football with a group of loving and dedicated parents/families. I'm part of something that is so much larger than me...it's like being a part of a big family that supports our football players/team in a community that is very close knit and caring. I also have the honor of having a son who is physically and mentally strong and who is participating in a program that enhances who he is and who he will become in life.

**What do I love most about it?**

What I love most about being a football mom is that I am afforded the opportunity to watch my son learn, grow, and become a well-rounded, young man—due to the outstanding assistance of Coach Macy, his crew, all of our football families, and our family. I support my player by FEEDING him! All kidding aside, I make sure that my son has all of the tools at home that he needs in order to succeed academically, as well as, with the Campolindo football program. I make sure that he understands that he shares much responsibility in succeeding in life and that failures are merely stepping stones to becoming better at everything that life throws at us. I also support Cole by telling him how proud I am of him and his accomplishments. Oh, and I make sure to tell him that I love him EVERY DAY.



Toni Petite



Brenda Mossotti

**Brenda Mossotti**

As a football mom I love supporting our sons. Whether it's MOL or Friday Night Lights at Campo, I always have and will continue to try my very best to never miss a game. It makes me both happy and proud watching my favorite athletes grow up right before my eyes. The #7 must be lucky for me as both sons share the same jersey number.

I will forever be their biggest fan and loudest cheerleader!

**Cassie Allen**

Being a football mom means that I get to watch the game I first started watching many years ago with my Dad and Grandfather, but with a much keener eye. Now, I can actually pick out plays and know most of the positions. I also get to see both my boys together on the same field doing what they love to do on Friday nights; Lucas playing football and Lleyton singing the National Anthem.

I also get to look forward to doing a load of stinky laundry every Friday night, but I wouldn't change a thing.



Trish McNeil



Cassie Allen

### Jen Schnayer

To me being a football mom is a mixture of pride and fear.. I am so proud of all the time and work they have put in to become a football player and to play in games. But if I'm truly honest, a small part of me is always fearful of the possibility of one of my boys being injured on the field. When my boys walk off the field after the completion of a successful play, there is nothing but joy in my heart as they take off their helmets and I see a huge smile on their faces.

The Number One thing I've learned as a football mom is that my car always smells like 2 stinky football players.

### Tisha Ehrenberger

To me, being a football mom means learning to respect and support my son's choices/passions even when they run counter to my motherly instincts to keep him safe.

I SO LOVE Friday nights - hurrying home from work, getting everyone dressed in Campo colors, finding the perfect seats in the stands... The entire game I am full of extreme nervousness and extreme excitement all at once - it's like riding a thrilling roller coaster for 2+ hours surrounded by friends and family. It's amazing. I feel that I support my son best by letting him know

how much I enjoy watching him play and how proud I am of him. Food, and lots of it, is also critical to success.

Jumping in to donate, volunteer and participate in parent and team events is hugely rewarding as it allows me to get a first hand sense of why the boys love the football program as much as they do.

Getting connected with other football parents is a blast. I've met so many warm, supportive, amazing families, it's not at all surprising that the team is a tremendous group of young men.

When you share the experience of having a Campo football player, it's as if you are all immediately one family. I love it - can never have too much family!

### Bev Harper

To me, being a football mom means wearing every ounce of blood, sweat and tears that your son wears. Everything from fractures, an ambulance ride, a season of never winning a game, and all of it's frustration, to then seeing all of the dedication that goes into an undefeated season and bringing home the trophy! Watching your son develop lasting friendships that come from the football brotherhood, regardless of where anyone lives, warms my heart. Being a football mom means praying hard and praying often for your son and his team who love going out there each week looking to bring home a 'W'

### Val Durantini

Our son is a better person for having participated in Campolindo Football. He experienced the value of hard work, sacrifice, courage, commitment, accountability, team, and the fraternal bond that still exists today and hopefully for life. Thanks to Coach Macy and all of the coaches who bring out the best in these young men. There is so much more than football being taught in this program. That is my take away from our years with Campolindo Football and that is why I continue to volunteer today.

### Gina Smith

**What does it mean to be a football mom?** It means having lots of conversations about things that I know very little about like defensive tackles and other football strategy. It also means to see your son grow both mentally and physically and to see him believe he can accomplish things that should not be possible. When my son first came into the program as a Freshman, a Senior Mom I knew said to me, let him do this, it will be the best experience for the next four years—she was right.

**What do you love most about being a football mom?** Crisp fall nights with the Red C, cheerleaders and pep band out there supporting the team. Taking photos and dodging sideline tackles. The

camaraderie among the football program parents is so fun. I love that my son has found something he is very passionate about. He is not only a football player on the field, but a student of the game. He loves everything about football from multiple angles. It has been a great ride.

### How do you best support your player?

Lots of ice and calls to the chiropractor scheduling appointments. In the off season, listening to how much weight he could bench press was always astonishing.

### Cindy Dougherty

It's fun and smelly—all at the same time! I love his team spirit, the can do attitude, and the "I'll try my best out there for my team" mindset—it is super special. It makes the smelly part of the drives home after practice all that much more worthwhile. I am a proud mom!

Jen Schnayer

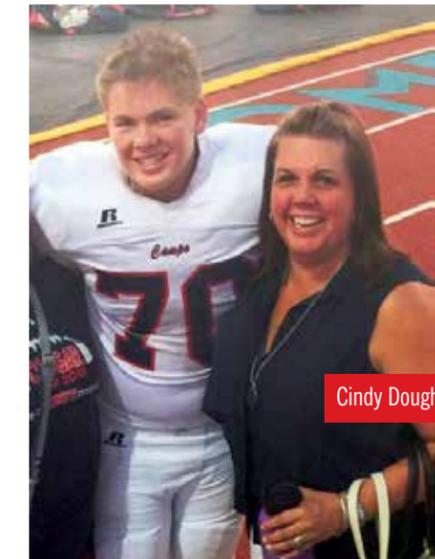


Tisha Ehrenberger



Bev Harper

Val Durantini



Cindy Dougherty



Gina Smith

### Hilary Leuteneker

I think with the recent event of Kyle's injury, I was impressed how committed Kyle was in his desire to return to football. I realized how I can best support Kyle is not to discourage him from returning and giving up football, but to be supportive and understand his desire to be a part of this team and cherished the friendships he has fostered in the program.

With the high pressures of academics and extra activities piled on, it touched me to hear that for Kyle, "football is one of the few things he really enjoys about High School."

What it means to be a football mom to me, is that I'm given the opportunity to raise a well rounded happy individual that is committed to his beliefs and willing to work hard.

The High school experience in my mind, should be about the fond memories and relationships that Kyle is able gain, beyond academics. The football family has given us that.



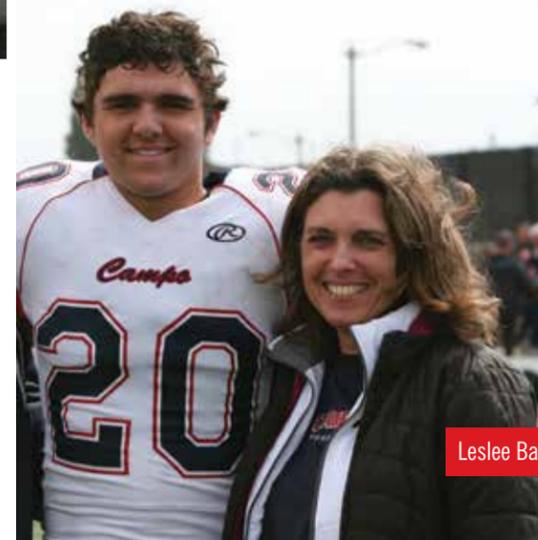
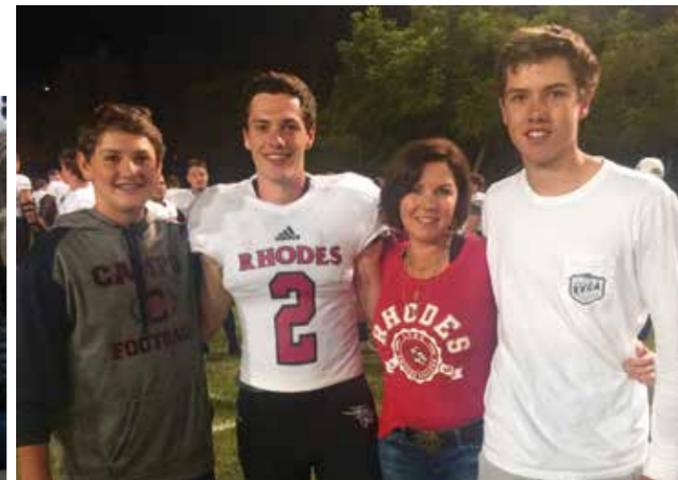
Peggy Brahney & Hilary Leuteneker

### Dana Windatt

- To me, a football mom is:
- 1) I feel like I have dozens of boys who call me mom
  - 2) I love having the boys over before practice to feed them and hear their funny stories about Coach Macy and others
  - 3) Laundry, game day lunches, and photography

### Leslee Baldwin

There are so many things that I love about being a football mom but I will name just a few. I love watching the boys play and spending time with the other parents and families in the stands on Friday nights, all the social events that go along with the season, feeding the team on Thursday nights, and hearing "thank you Mrs. Baldwin!" from those hungry boys. However, my most favorite thing is how the parents circle around the players and the coaches after the game and that big sweaty hug I get from my son before he walks off the field!



Leslee Baldwin

### Allison Doyle

What I especially love about being a football mom.... I have 4 solid months where Ryan and I talk, laugh or lament about all things football. On his terms. Usually chatty. Mostly grateful. Often excited. At times emotional. Always hungry. Favorite moments - watching Ryan scan the crowd after a game looking for me and Pat. I'm his biggest fan and very blessed to be his mom!

### Michelle Poole

It's hard to put into words how I feel about being a football mom. The amount of pride is indescribable. Watching the bond, both on and off the field, between these boys and their coaches is pure joy. There truly is no other experience like it, and I will miss it greatly when it's over.

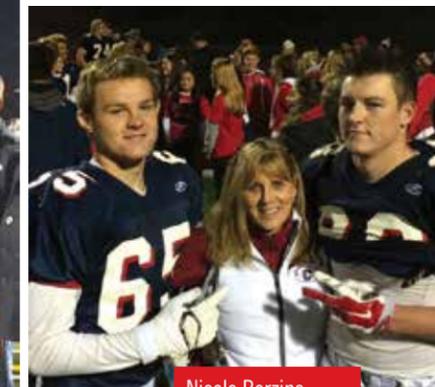
### Nicole Berzins

No doubt about it, I knew early on that I was destined to be a football mom!

Both of my boys had a strong desire and drive to play football at a very young age. I am almost convinced that it was somehow embedded in their DNA. I have to admit, in the beginning, my only football credibility came from the fact that I could throw a long mean spiral, and both of my boys knew it!



Allison Doyle



Nicole Berzins

## Fun FACT



Late on Friday nights lots of washing machines in Moraga are working really hard!

Over the years, through the knowledge and experience passed down from their amazing coaches and mentors, Joey and Cole have continued to educate me on what it really takes and what it really means to be a football player. I now realize that football is so much more than just throwing the perfect spiral and scoring the timely touchdown. My boys have shown me that football in fact, is a game of the mind, will, body and spirit! My love for the sport has grown leaps and bounds, as I have watched my boys passionately dedicate themselves to a sport that offers life lessons on character and community building, as well as challenges them to be present, stay focused, and work hard!

As you can see, I am happy to call myself a football mom and I am so proud of my sons! It has been a true blessing to be able to watch all of our boys rise to the occasion, work together, challenge each other, and create a special brotherhood that is unstoppable! I am forever grateful for the many life lessons that football gives my children both on and off the field. One of the best things about being a football mom is witnessing all of this on Friday nights from the fifty yard line!

Vince Lombardi said, "Football is like life. It requires perseverance, self-denial, hard work, sacrifice, dedication and respect for authority." Who wouldn't want that for their boys?

## Dorothea Michalik

My early days as a football mom began in 2002, when Oliver was asked to join the team. Oliver competitively played soccer and basketball and although his physic was the right fit he was not the "football kind uv guy". I enjoyed watching his experience from the "sidelines". The football team and program was a gift for my first son in the sense that he was finally part of a school team effort that established friendships ~ especially important during high school in a very academia driven town. There is something about huddling with your teammates on the green that fosters a feeling of belonging to something "larger than life" compared to playing Basketball in a closed in gym. Moreover, I think the stress release is higher in an outdoor setting, and team chats outdoors during practice are that zen time we all thrive from. This is what makes it all worth the occasional worry I have had watching my three sons play football. Even though "our sons" suffer from injuries the experience they have is enlightening at so many levels. I have watched my sons and their team play many years. It is amazing to see them own the power they have to be competitive all the while not really aware of how much "us" the parents are engaged and entertained. It is truly heartwarming to watch the team moms and dads, announcers, coaches, staff and visitors have so much fun throughout the whole season. It is a very uplifting setting and I will miss it profoundly.

Tiger and Lev have been enjoying the campo football program since they were 4th graders. Sam, their father and Oliver encouraged them to participate in the awesome summer camp program that Coach Macy and many others so generously offer to the community. They could not wait to attend the camps and looked forward to them every summer! I was so grateful, that while I was working my sons had something to do that they were excited about for two full weeks in July! This really helped me as a "football mom" - I could work in peace knowing they were completely engaged with coaches that loved working with them. The dedication our coaches, trainers and teens give to our sons is priceless.

Amazingly, thanks to all the efforts of Coach Macy and his "players" of the program including the team Tiger, my second son was invited to redshirt with the Aggies last year and is now playing alternatively with special teams, or as safety /nickel back. As a football mom one can imagine how excited I was on Sept 3rd (Oliver's birthday) to be in Oregon for an away game. The energy was electrifying in the stadium of the OR Duck's, a pac 12 team ~ and I was there to cheer for Tiger and his team!

Finally and begrudgingly I have to say that my third son, Lev is playing his last season with Coach Macy, his staff coaches, trainers, doc's and team. Watching Lev and his brothers develop into generous, kind, strong team players over the years has warmed my soul with heartfelt joy.

I thank you all for all you have gifted my sons with.



## Mary Torchio

Being a Campo football mom means several things ... it means making sure my son's game day is always the same with all his quirks and superstitions like specific foods (that must have bag of Skittles) and his post school/pregame routine. It also means reminding him to cherish these "Friday night light" moments that he will look back on forever as some of his fondest memories ever. Go Cougars!

## Gale Remotto

To me being a football mom means connecting with my teenage sons on their level. I could get involved in a way that was both rewarding personally and fun. It was a way to get to know my boys' friends and in some ways share in their high school experience. It was a community where I met moms that I may not have crossed paths with otherwise. It meant I broadened my circle of support, my connection to the community and to Campolindo not to mention my social circle (e.g., increased circle of cocktailing companions!). I feel fortunate that the friends and connections I made while being a football mom exist to this day.

It would not have been enough for me to simply go to the games. I loved being involved in the program, hook, line and sinker! It helped me understand my kids loyalty to football, their teammates and to the program-- and it really opened my eyes to all the work that Coach Macy and his staff put into the program! Being part of



something that has such a focus on community was very rewarding and it gave my boys and me a "common language" during a phase of the teenage years where that is sometimes difficult to find.

I think getting involved is key. It demonstrates in actionable ways that you support them and what's important to them. It is more than just financial support; it is active involvement that connects you to your son. It is the difference between being at the game and being in the game! My moral mom support was in the form of fuel: pounds and mounds of ridiculous, comfort-loving, calorie-rocketing, lick-the-aluminum-pan-clean, how the H-E-double-hockey-sticks-can-they-eat-so-much, love-filled food for Thursday night dinners. In the end, I am not sure who got more out of it...me or my boys!

## Ann Walgenbach

I love being a football mom because I know that my son is part of a fantastic, athletic, intelligent and motivated group of men and doing a sport with amazing coaching at Campolindo. I love supporting Jake by feeding him, washing his stinky uniforms and giving him hugs when I can. We are so lucky to be part of this wonderful program! ■

## JUNIOR VARSITY ROSTER



Spencer Drennan	1	Cole Barlow	19	Mason Roesch	61
Nick Dutto	2	Brett Donat	20	Nick Shaw	63
John Campo	3	Nathan Moranville	22	Ryan Dougherty	70
Billy Woolsey	4	Kaleo Nelson	29	Colby Schnayer	72
Luke Campo	5	Michael Brewer	30	Brian Dooley	74
Mateo Larson	6	Marco Caipo	34/37	John Cirelli	75
Justin Bocks	7	Ian Concepcion	36	Michael Gilmour	85
Aidan Lyon	8	Max Schoenberger	44	Paddo Buckley	99
Riley Breul	9	Cooper Davis	45		
Steffen Westphal	11	William Walker	46		
Grant Harper	12	Ben Hogan	51		
Lucas Allen	13	Jeremy Gunderson	52		
Colin Louis	17	Cole McNeil	54		
Marco Nykodym	18	Andrew Torres	55		

## JUNIOR VARSITY SCHEDULE

DATE	TIME	VERSUS	LOCATION	RESULT
August 26	4:30 PM	Valley Christian Warriors	Valley Christian High	W   14-7
September 3	10:00 AM	Saint Ignatius Wildcats	Saint Ignatius Wildcats High	W   22-21
September 9	4:30 PM	Deer Valley Wolverines	Deer Valley High	W   27-12
September 16	4:30 PM	Oakdale Mustangs	Campolindo High	W   35-28
September 23	4:30 PM	Hayward Farmers	Campolindo High	W   28-8
September 30		BYE		
October 7	4:30 PM	Las Lomas Knights	Campolindo High	
October 14	4:30 PM	Miramonte Matadors	Miramonte High	
October 21	4:30 PM	Concord Minutemen	Campolindo High	
October 28	5:00 PM	Acalanes Dons	Campolindo High	
November 4	4:30 PM	Clayton Valley Ugly Eagles	Clayton Valley High	



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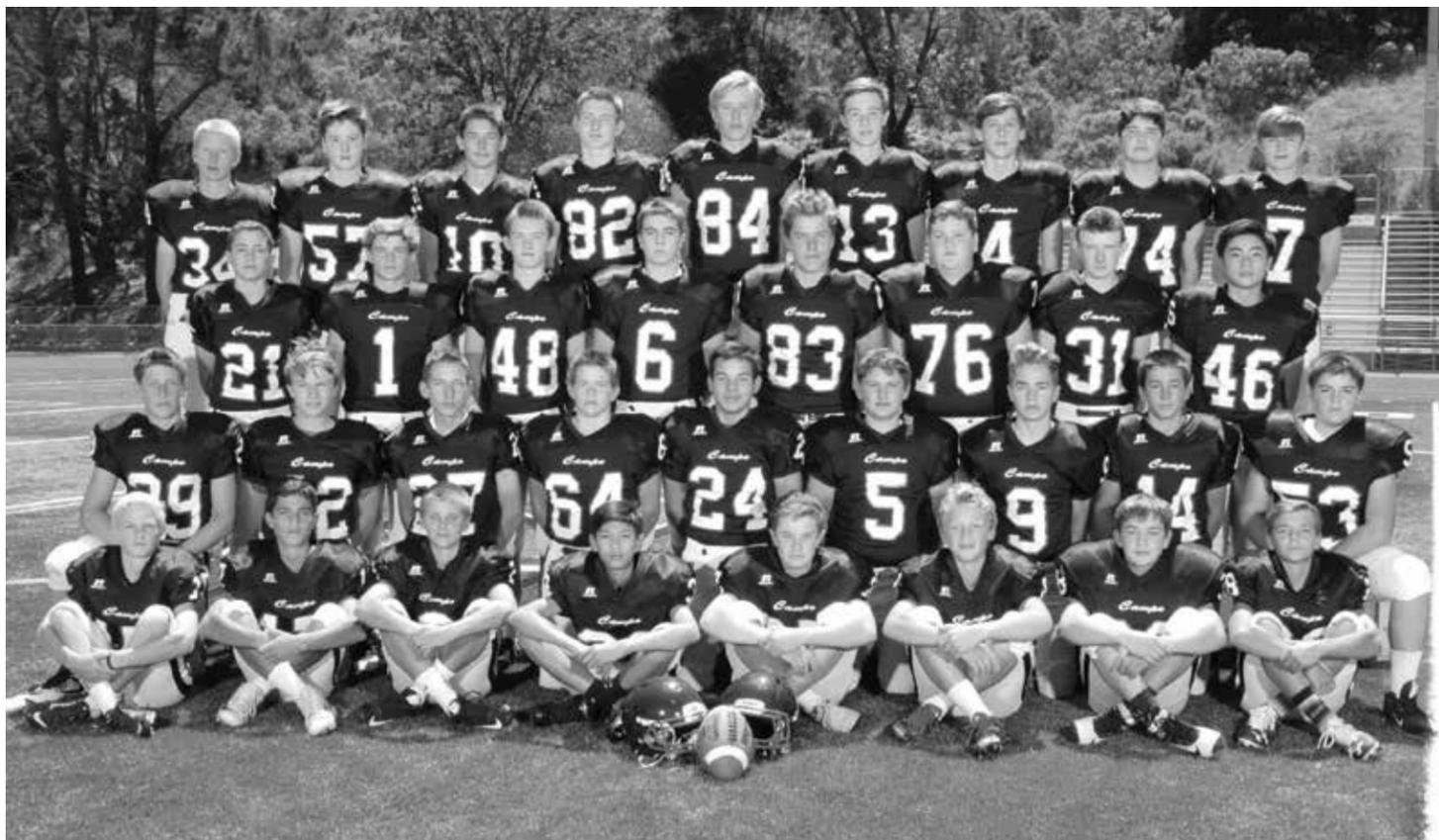
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## FRESHMAN ROSTER



Rex Curtiss	1	Alex Metz	23	Nico Lewis	59
Tyler Darr	2	Steven Williams	24	Nikolay Vayner	60
Jean-Luc Axelrode	3	Jason Simi	25	Chase Peterson	62
Ben Strout	4	Drew McGill	26	Connor Logan	64
Will Windatt	5	Easton Means	27	Cason Johnston	65
Jake Crumbaugh	6	Patrick McLin	28	Joe Arth	74
Brandon Manty	7	Logan Godsey	31	Jackson Wheeler	82/70
Braden Maher	8	Matt Wong	32	Charlie Craig	83/71
Carson Niederhaus	9	Brandon Hein	34	Mason Mastrov	84/56
Ryan Fritch	10	Chase Giglio	37		
Nicholas Faoro	12	Gentry Brandon	38		
A.J. Fraser	13	Dalen Schnayer	39		
Cayden Hein	14	Mason Januszewski	42		
Cooper Krznaric	15	Jonathan Lam	46		
Kyle Sintchak	17	Jonathan Dow	53		
Jack Daugherty	21	Wyatt Scheberies	57		

## FRESHMAN SCHEDULE

DATE	TIME	VERSUS	LOCATION	RESULT
September 1	5:00 PM	Saint Ignatius Wildcats	Campolindo High	L   30-33
September 8	5:00 PM	Deer Valley Wolverines	Campolindo High	W   32-14
September 15	5:00 PM	Oakdale Mustangs	Oakdale High	W   27-20
September 22	5:00 PM	Hayward Farmers	Sunset Field - Hayward	W   34-14
September 29	5:00 PM	Sequoia Cherokee	Sequoia High	W   55-26
October 6	5:00 PM	Las Lomas Knights	Las Lomas High	
October 13	5:00 PM	Miramonte Matadors	Campolindo High	
October 20		BYE		
October 27	5:00 PM	Acalanes Dons	Acalanes High	
November 3	5:00 PM	Clayton Valley Ugly Eagles	Campolindo High	

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**CAMPOLINDO HIGH SCHOOL CHEERLEADERS**



Name	Class of
Tori Andersen, Captain	2017
Emma Wiley, Captain	2018
Bella Brocato	2020
Maddie Dacumos	2019
Laura Durski	2020
Lauren Epperson	2020
Kelly Gagnon	2020
Madeline Landau	2020
Ruby Lowe	2018
Claire Matranga	2017
Abby Morris	2018
Nicole Nagayama	2018
Gabrielle Ortega	2017
Cami Pergamit	2020
Sloane Petersen	2020
Monet Strauss	2020
Christine Wenzel	2017
Meaghan Wottrich	2020



Jannine Takahashi-Crow Cheer Coach  
Kingsley Frazier Cheer Advisor

## COACH'S CORNER

**Coach Mike Downing** Varsity Defensive Backs Coach  
High School: Las Lomas  
HS Grad. Year: 1999  
College: USC  
College Grad Year: 2004  
Lived in Bay Area: 29 Years  
Years Coaching: 11 Years  
Years Coaching Campo: 1st  
Spouse: Anna  
Children: Luke (5), Jack (2.5)  
When not coaching: Likes to spend time with family, movies, reading, hiking



Thank you...

## Loud and Clear now...

THANK YOU to Jim Cirell & Tom Constable for spearheading the replacement of the Stadium Sound System!

Thank you to all the individual donors, school groups, and sponsors for your financial contributions—you made it happen!

**GO  
Cougars!**



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OR WHERE THE DOER OF DEEDS COULD HAVE DONE BETTER  
THE CREDIT BELONGS TO THE MAN  
WHO IS ACTUALLY IN THE ARENA,  
WHOSE FACE IS MARRED BY DUST AND SWEAT AND BLOOD  
WHO STRIVES VALIANTLY, WHO ERRS AND COMES UP SHORT AGAIN AND AGAIN,  
BECAUSE THERE IS NO GREAT EFFORT WITHOUT ERROR OR SHORTCOMING,  
BUT WHO KNOWS THE GREAT ENTHUSIASMS, THE GREAT  
DEVOTION, WHO SPENDS HIMSELF FOR A WORTHY CAUSE;  
WHO, AT THE BEST, KNOWS, IN THE END, THE TRIUMPH OF HIGH ACHIEVEMENT  
AND WHO, AT THE WORST, IF HE FAILS,  
AT LEAST HE FAILS WHILE DARING GREATLY,  
SO THAT HIS PLACE SHALL NEVER BE WITH THOSE COLD AND  
TIMID SOULS WHO KNEW NEITHER VICTORY NOR DEFEAT.

THEODORE ROOSEVELT  
APRIL 23, 1910

*We dedicate our season to those  
Cougars who have been injured  
We wish them all a speedy recovery.*

**MEET  
CHRIS  
WRIGHT**

**Just a Kid  
from Campo**



Lev Garcia

Chris Wright

**Y**ou might know Chris Wright as that very nice, smart kid who always seems to have everything together. A passionate basketball player since third grade, he excels on and off the court driven by a very strong faith in God. But behind this quiet demeanor, is one of the most determined young men at Campo.

Chris is a member of Troop 212 of the Boy Scouts in Moraga and currently holds the highest active leadership position of Senior Patrol Leader which directs and oversees all troop members and activities. Additionally Chris recently achieved the highest Boy Scout rank of Eagle Scout. One of the requirements to reach Eagle is to complete a project. Many of Chris' classmates who have reached the Eagle rank choose an Eagle project that follows the path of least resistance... a bench here, shelves there – you have seen the completed projects all over town. But what you may not realize, is that the new outdoor basketball hoop at Campo was Chris's Eagle project – one that required an over 700 hours and \$42,000! Chris had to design

the project, battle safety and utility concerns to obtain district approvals (which he secured in a record-breaking 3 months!), and raise all the money through donations. He initiated a community-wide "donate-a-brick" program. After a slow start, much frustration and some major lessons in sales and fundraising, Chris' project was ready to roll! After all the preparation and work, the installation was a quick two days, thanks to volunteer help that he received – for something that will endure for generations to come. Even after being told "no", "this is a bad idea", "you'll never complete it", Chris persevered and has left behind his legacy at Campo and learned more through the experience than many will learn in a lifetime.

Chris is a football fan (and an avid scuba diver). He is graduating this year and plans to go on to become an orthopedic surgeon – inspired by his own experience with 9 broken bones. We have no doubt he will achieve everything he sets out to accomplish!

# TACKLE CANCER



*Just a Kid*  
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 - Vince Lombardi

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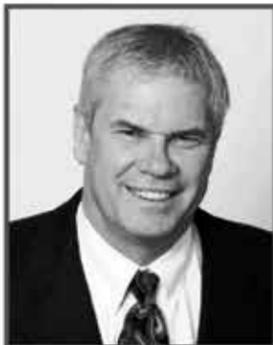


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# THIS IS HOME

This is where touchdowns are made, camaraderie is formed and the community gathers to cheer on their favorite team.

**Congratulations to Coach Macy for celebrating 20 years as head coach of the Campolindo Cougars and for making a difference within your local community.**

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*"I would like to thank Val for being by my side for many of those years as Team Parent and Hall of Fame Chair." —Coach Macy*

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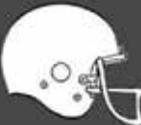
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HAVE TO WAIT  
THEIR ENTIRE LIVES  
TO MEET THEIR  
FAVORITE  
PLAYER**  
I RAISED MINE.



  
**I  
CAN'T  
KEEP CALM  
MY SON'S  
PLAYING  
FOOTBALL**



1st Row (l-r):  
 Ashley Battersby | Patricia Battersby | Shannon Conner | Meara Dunsmore | Joan Eggers | Linda Ehrich | Joan Evans | Linda Friedman | Marianne Greene  
 2nd Row (l-r):  
 Dexter Honens II | Anne Knight | Sue Layng | Art Lehman | Charles Levine | Erin Martin | April Matthews | Hillary Murphy | Karen Murphy  
 3rd Row (l-r):  
 Ben Olsen | Sue Olsen | Tara Rochlin | Jaime Roder | Altie Schmitt | Judy Schoenrock | Ann Sharf | Amy Rose Smith | Molly Smith  
 4th Row (l-r):  
 Jeff Snell | Lynda Snell | Clark Thompson | Angie Evans Traxinger | Ignacio Vega | Ann Ward | Dan Weil | Jenny Lyons Wilhte | Margaret Zucker



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